

# A Taste of MARYLAND HEIGHTS

## Retreat from Holiday Hustle With a Quiet Meal at Copperfield's

You may have noticed a subtle change recently in the skyline along northbound I-270. The large hotel tower on the right-hand side of the highway, once the Holiday Inn Westport, is now a Doubletree Hotel. However, the hotel restaurant, Copperfield's, survived the switch without a name change, and so we decided to check out their fare in this month's review.

My co-reviewer Rita and I visited Copperfield's for lunch on a Wednesday. With just a few other parties dispersed throughout the spacious dining room, the atmosphere was blissfully peaceful. We welcomed the opportunity to carry on a conversation without having to shout above the din of other diners, as is often the case in other restaurants crowded with workers on their lunch hour.

Their menu, while small, is surprisingly creative. Many dishes use typical ingredients but then incorporate one or two less conventional flavors, such as the Big Apple Wrap (a tortilla wrapped around grilled chicken, ham,

Swiss cheese, apples, romaine lettuce and bacon honey mustard dressing, served with a strawberry salad) and Salmon Vera Cruz (grilled salmon topped with a zesty cucumber and tomato relish, accompanied by rice and vegetables). I chose the coconut chicken salad, a chicken breast coated in coconut and fried to a crispy golden brown, served atop a mix of romaine lettuce, candied walnuts, mandarin oranges and the restaurant's own orange curry dressing. The complementary sweetness and spice were a brilliant combination that spoke clearly to the artistry of the house chef.

Rita selected one of several pasta dishes on the menu, seafood fettuccini. A generous portion of noodles was topped with a variety of sautéed seafood, including shrimp and scallops, and tossed in creamy Alfredo sauce. A serving of garlic toast rounded out the plate. Rita described it as tasty, and after finishing was pleased to have plenty leftover to take home for another meal.

The peace and quiet and creative

menu offerings at Copperfield's seem to be a well-kept secret, at least for now. So when you're out rushing around from store to store in an effort to finish your holiday shopping, don't add to your anxiety by stopping at one of the overcrowded big-box restaurants – exit I-270 at Westport Plaza and head straight to Copperfield's to escape the crowds.

*Starting in 2006, the "Taste of Maryland Heights" restaurant review will appear quarterly, rather than monthly. We'll use the space instead to take a look at some of Maryland Heights' more than 1,600 diverse businesses. If you think our readers might be interested in learning more about your business or workplace, please send an email to [feedback@marylandheights.com](mailto:feedback@marylandheights.com) telling us why it should be featured. We'll select some of the most compelling entries for future articles. Thanks for your interest in "Taste of Maryland Heights," and we hope you enjoy our new feature as well.*

by Sara Berry 

### Copperfield's

**Address:**

Doubletree Hotel Westport  
1973 Craigshire Rd.  
Maryland Heights, MO 63146

**Phone:** (314) 434-0100

**Hours:** 6:30 a.m. - 10 p.m. Monday through Sunday.

**Prices:**

Soups and appetizers: \$3 - \$8; sandwiches and entree salads: \$7 - \$10; lunch entrees: \$11 - \$12; dinner entrees: \$15 - \$20.

**Dress:** Casual

	Yes	No
Reservations		•
Smoking Allowed	•	
Outdoor Dining		•
Carry Out Available	•	
Credit Cards Accepted	•	
Kids Menu		•
Alcohol Served	•	

