

A Taste of MARYLAND HEIGHTS

Malone's Grill and Pub Features Fast Lunches, Inviting Atmosphere

Maryland Heights, like most of the St. Louis area, boasts an abundance of neighborhood grills and sports bars. Malone's Grill and Pub, located near the corner of Schuetz Road and Page Avenue, is just one of many eateries like it, but it stands out by being consistently good in all of the important areas: atmosphere, service and food quality.

Resident Shannon Gurnari and I stopped in for lunch at Malone's at noon on a Tuesday. The restaurant was predictably busy at the height of the lunch hour, but the ample dining area allowed us to be seated immediately in the nonsmoking section.

While a haze of smoke often penetrates many sports bars (even in the nonsmoking section), I was impressed that I could detect no trace of cigarette smoke creeping over from the smoking section. This rare attribute makes it a welcome alternative for those who like the sports-bar scene but are particularly sensitive to smoke.

Our cheerful server brought us the "Express Lunch Menu," which listed a variety of sandwiches, burgers, salads and appetizers. The restaurant also has a dinner menu with more substantial entrees, such as fajitas, steak and Jack Daniels salmon, which is available after 5 p.m.

Shannon ordered the Bleu Cheese Steak Burger, a half-pound of Black Angus Beef smothered in bleu cheese and served on a Kaiser roll with lettuce, tomato, onion and pickle. The burger comes with fries, but baked beans or cole slaw can be substituted at no charge. Shannon had heard the baked beans were especially good, so she chose them in lieu of the fries. She noticed that the addition of diced bell peppers and onions gave the dish a nice crunch. As for the burger, the cheese was abundant and the bun soft and fresh.

I chose the Cobb Salad. To my disappointment, it lacked the standard avocado (my favorite), but the salad was still a good pick. A large plate was covered

with iceberg lettuce, diced carrots, tomatoes, provol cheese, grilled chicken crumbled bacon and croutons. For an additional \$.99, I was able to substitute crumbled bleu cheese for the provol. Sadly, the fat-free French dressing listed on the menu was no longer available, but they did have a reduced-fat ranch, as well as the usual full-fat choices.

Malone's caters to busy professionals stopping in on their lunch hour, as we received our food within 15 minutes of ordering. Our server was attentive and friendly, stopping by several times to refill our drinks and make sure we were satisfied.

Malone's exceeded my expectations of a typical sports bar. The air was clean and the food was fast and fresh. The next time you're headed out for a quick lunch or to catch a game over some wings, skip your usual spot and give Malone's a try. I think you'll be pleasantly surprised too.

by Sara Berry 

Malone's Grill & Pub

Address: 11660 Administration Drive, Maryland Heights, MO, 63043

Phone: (314) 432-2611

Hours: Monday and Tuesday, 11 a.m. - 11 p.m.; Wednesday - Friday, 11 a.m. - 1 a.m.; Saturday, noon - 1 a.m. Sunday, noon - 9 p.m.

Price Range: Appetizers and soups, \$4 - \$10; burgers and sandwiches \$6 - \$9; entree salads \$7 - \$9; entrees (dinner only) \$9 - \$17.

Dress: Casual

	Yes	No
Reservations		•
Smoking Allowed	•	
Outdoor Dining		•
Carry Out Available	•	
Credit Cards Accepted	•	
Kids Menu	•	
Alcohol Served	•	



Malone's is bright and busy, not dank and dim, as some sports bars can be. Televisions posted throughout the restaurant made it easy for diners to catch up on sports highlights.