

SHOW DOWN AND TAKE A BREAK WITH LUNCH AT THE TERRACE

Looking for a quiet escape from the hustle and bustle of the work-day? Ringing phones and complaining co-workers will become a distant memory when you visit The Terrace at the Westport Sheraton for lunch.

The restaurant is fairly typical of hotel restaurants, with a clean, modestly decorated dining room and comfortable seating. One highlight of this particular locale is a wall made up almost entirely of windows, which allows diners to enjoy the brilliant fall sunshine and colorful flowers near the hotel's entrance. The natural light gave the room a pleasant sense of life and vibrancy, the next best thing to lunching outdoors.

Resident reviewer Lisa Prichard and I were two of just a handful of diners at noon on a Monday, and time almost seemed to stop in the quiet dining room. In concert with the slow pace of business, our server was laid-back yet friendly. She stopped by our table very infrequently, perhaps so as not to disturb us, yet for the most

part we found we had everything we needed during the meal.

The Terrace offers a lunch buffet daily for \$10.95, which includes a beverage. The offerings are definitely a cut above typical buffet fare, justifying the slightly higher price. On the day we visited, the small buffet featured beef tenderloin, chicken baked in puff pastry, Caesar salad, roasted red potatoes and almond green beans. The dessert spread, also included in the price of the meal, was impressive: several luscious choices included strawberry cheesecake and a decadent-looking chocolate concoction.

Lisa opted for the buffet and enjoyed everything she tried. She particularly liked the pastry-wrapped chicken, which she noted is something a little different from the chicken entrees at most restaurants. She felt that the caliber of the menu items makes the Terrace ideal for a business lunch. "I thought the chicken and the desserts were excellent," she said. "I would rec-

ommend it for a work function."

To get a better idea of everything the Terrace has to offer, I decided to order from the menu. It listed a number of sandwiches and entrée salads ideal for lunch, as well as more substantial main dishes, all of which were very reasonably priced. I ordered orange-ginger glazed grilled salmon, which was served on a bed of wild rice and surrounded by steamed green beans and baby carrots. The size of the fillet was impressive, especially considering the plate's price tag: just \$9.95, and it tasted delicious.

Unless you've stayed at the Sheraton, chances are you probably haven't dined at the Terrace. But don't let the fact that it's located in a hotel keep you away. Where else can you enjoy an elegant meal for around \$10 – and in almost total peace and quiet? The Terrace offers a wonderful oasis to the office crowd on the most hectic of workdays.

by Sara Berry 

The Terrace

Address:

900 Westport Plaza,
Maryland Heights, MO, 63146

Phone: (314) 434-5010

Hours:

Breakfast: 6:30 - 11 a.m., lunch 11 a.m. - 2 p.m. daily.

Price Range:

	Yes	No
Reservations		•
Smoking Allowed	•	
Outdoor Dining		•
Carry Out Available		•
Credit Cards Accepted	•	

